

Year 8 PSHCE

Topic	PoS/Core Themes
Personal Safety	Basic first aid and personal safety including road, rail and online safety
Drugs and Alcohol	Consequences of drugs and alcohol misuse and managing peer pressure
Business	Businesses and finance, employee rights and consumer rights
Discrimination	Tackling age and disability discrimination and promoting human rights
E-Safety	Online safety and digital literacy, managing digital footprints
Wellbeing	Mental health and wellbeing including body image and the impact of social media on mental health
Managing Change and Loss	The features of positive and stable relationships, how to deal with a breakdown in a relationship and the effects of loss and bereavement
Sex and Relationships	Introduction to sexuality and consent including relationship norms on social media
Finance	Evaluating value for money, the social and moral dilemmas about the use of money, online fraud and common scams
Current Affairs	Citizenship unit looking at current issues, why it is an issue and what is being done to resolve it
Careers	Different types of work, including employment, self-employment and voluntary work, work roles and identities, the range of opportunities in learning and work and changing patterns of employment (local, national, European and global)
Rights and Responsibilities	Rights and responsibilities in the community and online